

# **Coming Meets and Activities:**

Swim Team Advisory Committee Meeting: Wednesday, June 20, at 6:30 PM, in the Downtown Y. All members are welcome.

## Summer Meets:

*Tri Cities* on June 1-3 is a strong early season LCM meet held in Pasco, WA. We have 15 swimmers attending with Coach Tim.

Elko on June 23-24 is a great meet for all swimmers.

**Sun Country Senior Meet** held June 29 – July 1 in Bend, OR is a strong meet. The Qualifying Standards for the meet are Oregon 13 year old "A" Times. All Senior swimmers qualify and many of the Pre-Senior swimmers have standards.

Boise Invite held July 14-15 at the West Y

Senior Sections held July 24-28 in Gresham, Oregon. Top meet in the West. Fast Qualifying Standards.

Snake River Championships held July 27-29 in Twin Falls. Fun and competitive meet.

2012 Summer Workout Schedules:

# Begins on Thursday, May 31 Ends on Friday, August 3

GROUP	AM (LCM)	PM (scy)	Days of Week	Sat AM (West Only)
SENIOR	6:30-8:45	3:30-5:00	Mon – Fri / No Tues PM West	7-9
Pre-SEN	<i>6:30-8:15</i>	3:30-5:00	Mon – Fri / No Tues PM West	7-9
BLUE West	7:30-8:45	3:30-5:00	Mon – Fri / No Tues PM	7-9
BLUE Dntn	7:30-8:45	4:30-5:45	Mon – Fri	7-9
RED	6:30-7:45	3:30-4:30	Mon – Fri / No Tues PM West	7-8:30
WHITE	7:45-8:45	4:30-5:30	PM – MWF	9-10
YELLOW	7:45-8:45	4:30-5:30	PM – MWF West / TThF Dntn	9-10

## No Workout Updates

DATE	DAY	YMCA	Reason
May 28	Monday	Both	Memorial Day
July 4	Wednesday	Both	National Holiday
July 14	Saturday	Both	Boise Invite Meet
July 27	Friday	Both	Snake River Championships
July 28	Saturday	Both	Snake River Championships
July 30	Monday	Both	Snake River Championships Recovery
August 4-17	All Days	Both	Summer Break

# Meet and Activity Schedule

	2012	Sumr	mer Long C	ourse		
Date	Meet	QTS	Course	Host	Place	Pool
June 1-3	Tri-Cities		LCM	TCCC	Pasco, WA	City
June 6	Pancake Feed at West Y	6:30-9	9:00 AM			
June 9	Developmental		scy	SA	Meridian	City
June 14-16	US Paralympics Trials	yes	LCM		Bismarck, ND	
June 15-17	Howard Jones 12-Un	yes	LCM	MHAC	Gresham, OR	MHCC
June 23-24	Elko High Altitude		scm	EST	Elko	City
June 25-J 2	USA Olympic Trials	yes	LCM	USA	Omaha, NE	
June 29-J 1	Sun Country Senior	yes	LCM	Bend	Bend, OR	City
July 14-15	Boise Summer Invite		LCM	BY	Boise	YCity
July 21	Coach Frank's Retirement Fu	un				•
July 21 July 24-28	Coach Frank's Retirement Fu Senior Sections	un yes	LCM	MHA	Mount Hood,	•
July 21	Coach Frank's Retirement Fu					•
July 21 July 24-28 <b>July 27-29</b>	Coach Frank's Retirement Fu Senior Sections Snake River Champs	yes <b>yes</b>	LCM LCM	MHA <b>MVM</b>	Mount Hood, <b>Twin Falls</b>	ORMHCC
July 21 July 24-28 <b>July 27-29</b> Aug 1-4	Coach Frank's Retirement Fu Senior Sections Snake River Champs Senior Western Zones	yes <b>yes</b> yes	LCM <b>LCM</b> LCM	MHA <b>MVM</b> USA	Mount Hood, <b>Twin Falls</b> Clovis, CA	ORMHCC Y
July 21 July 24-28 <b>July 27-29</b> Aug 1-4 Aug 7-11	Coach Frank's Retirement Fu Senior Sections <b>Snake River Champs</b> Senior Western Zones USA Open	yes <b>yes</b> yes yes	LCM <b>LCM</b> LCM LCM	MHA <b>MVM</b> USA USA	Mount Hood, <b>Twin Falls</b> Clovis, CA Indianapolis	ORMHCC Y IUAC
July 21 July 24-28 <b>July 27-29</b> Aug 1-4	Coach Frank's Retirement Fu Senior Sections Snake River Champs Senior Western Zones	yes <b>yes</b> yes	LCM <b>LCM</b> LCM	MHA <b>MVM</b> USA	Mount Hood, <b>Twin Falls</b> Clovis, CA	ORMHCC Y IUAC

# **MEETS**:

**SPRING FLING LCM INVITATIONAL** was another grand success for the Boise Y Swim Team. 460 swimmers from 24 teams participated including 145 standout swimmers form the Boise Y. Again, a big "THANKS" to our parents who made this event possible...thanks for the 1,000 hours of volunteer time!! And a special thanks to swimmer Amy Louks for her help after the meet for moving the lane lines and putting the flags back up. In the past, it has taken the coaching staff 45 minutes to change the flags back...Amy did it by herself in 20!

We saw great improvement overall for the swimmers in their first LCM meet of the summer season...it is a wonderful way to start the season.

## Swimmers who improved in nearly every swim include:

8-UN: Charlee Andree, Cagnie Miller, Violet Rademacher, Eden Sanborn & Thomas Scott

9-10: Sia Chauhan, Joshua Cunningham, Molly Elliott, Hallie Hinchman, Isabelle Mullener, Kailey Owen, Anika Rubocki, Abi Stucky, Celia Vandenwymelenberg & Timothy Wong

11-12: Maloree Barbera, Erin Botos, Sam Bruneel, Courtney Butterworth, Jackson Cunningham, Gage Dewsbury, Caleb Elliott, Mitchell Friday, Katelyn Genna, Brycen Grout, Kaylin Lechner, Jordin Pridmore, Thomas Roark, Nikita Rubocki, Kristen Scheibe, Hunter Scott, Hope Spencer, McKendra Torrey, Maidie Trapp & Jennifer Wong

13-14: Lois Bin, John Daniel, Kelsey Drayton, Abbey Erwin, Ellie Hunt, Sophia Kazadi, Mirza Ljubijankie, Annika Rademacher, Kara Steward, Eva Streicher & Mika Unger 15-OV: Mia Goodwin, Alexis Henzler, Mikayla Sue Hicks, Andrew Liu, Ethan Morris, Karl Sanborn, Tyler Thurston, Riccardo Torsi, Alex Trompke, Paul Vaughan, Zoey Watts, Anna Werdel, Sammy West & Amber Wolff

#### Swimmers who tried LCM for the first time!

Bailee Anderson, Brittani Anderson, Koen Anderson, Peter Bandy, Amelie Bradley, Annina Bradley, Nina Bylund, Sebastian Chao, Dustin Esplin, Andrew Falkowski, Holdyn Farrell, Madeline Favillo, Vivi French, Abi Gonzalez, Elise Hegerle, Sonia Ivanova, Julianna Kryger, Holly Kuklenski, Allison Lukas, Ali Martz, Christian Maus, Elliott McCloskey, Emry McDonnell, Saresa McDonnell, Lauren McKenna, Holly Mebane, Ignatius Mullin, Sophia Mullin, Ciera Nasso, John Rubocki, Madilyn Saucerman, Chandler Schoenfeld, Shae Stratton, Sophia Shuler, Ryan Slazas, Jacob Smiley, Izzabella Sneller, Eva Suggs, Isabel Swafford, Paige Tompkins, Seth Turner, Gemma Unrein, Clare Vaughan, Christina Weissinger, Adam Wirth & Tenje Zimmerer

#### New Team Records:

Senior Girls

Stephanie North

Chelsea Miller

Amber Boucher

11-12 Boys:	Jackson Cunningham 200 Medley Relay (Ja 200 Free Relay (same	ckson, Sam Br	5:49.13 uneel, Jordin Pridmore & Thomas Roark) 2 2:04.10	2:21.93	
17-18 Girls:	200 Medley Relay (Annie Taylor, Mai 200 Free Relay (same four)		ddie Eyolfson, Nicole Bruneel, Mia Goodwin) 2 2:00.28	):14.72	
17-18 Boys:	James Nguyen	50 Brst 100 Brst	31.46 (Also Senior Record) 1:07.94		
Senior Girls:	Amber Boucher	50 Fly	28.43		
	Stephanie North	100 Back	1:06.21		
New Pool Records by BY Swimmers:					
9-10 Girls	Anika Rubocki	50 Fly	35.68		
13-14 Girls	Abbey Erwin	1500 Free	19:05.52		
	200 Free Relay(Annie, Maddie, Nicole, Mia) 2:00.28 (Senior Record, also)				
15-18 Boys	Alex Trompke	50 Back	28.91		
-	200 Free Relay (Alex, James, Kristian Almberg, Tanner Schelling) 1:50.08				

26.85

28.88

2:38.71

50 Free

50 Fly

200 Breast

## TEAM AWARDS and RECOGNITION NIGHT

Thanks for a great time! Following are some of the highlights:

Graduating Seniors: Maddie Eyolfson, Annie Taylor & Brittany Van Buren

Senior Scholarship Recipients: Maddie Eyolfson & Annie Taylor

## Sue Shelton Hardest Worker

<u>Yellow Group</u> Katy Genna Sophia Shuler Shae Stratton <u>White Group</u> Holly Kuklenski Courtney Butterworth Max Maus Luke Goodwin Kailey Owen <u>Red Group</u> Randon Hall Brycen Grout Erin Botos Molly Elliott Anika Rubocki Jennifer Wong Maggie Erwin <u>Blue Group</u> Maeve McCormick John Daniel Nina Bylund Karl Sanborn

<u>Pre-Senior Group</u> Zoey Watts Kara Steward Mirza Ljubijankic Kristen Scheibe Abbey Erwin Vanessa Wong Megan Doherty Nikita Rubocki <u>Senior Group</u> Maddie Eyolfson Emily Bruneel

Cooper Wilcomb Y Character Values: Kristen Scheibe & Caleb Elliott

Jane Nelson Outstanding Swimmer: Annie Taylor

2012-13 Boise Y Swim Team Captains: Riccardo Torsi, Jack Tenley, Mia Goodwin & Sammie West

Thanks to our past Captains: Morgan Labrie, Christian Jensen, James Nguyen and Annie Taylor

Volunteer of the Year: Meet Director, Joan Wong!

USA Swimming Scholastic All American: Nicole Bruneel, Maddie Eyolfson & Annie Taylor

And, of course, the "Big D" Award: Congrats to Stuart Boyd...the living dart board!

Sub Club Recognition: Thomas Roark and Jordin Pridmore

## IM Xtreme Score Achievement:

Molly Elliott	Maggie Erwin	Sammie Eyolfson	Anika Rubocki	Jennifer Wong
Nikita Rubocki	Sia Chauhan	Abi Stucky	Megan Doherty	Alex Gordon
Abbey Erwin	Kristen Scheibe	Hunter Scott	Kara Steward	Maidie Trapp
Mika Unger	Cheyenne Quilter	Catherine Parker	Vanessa Wong	Amy Louts
Kaylee Owsley	Emilee Milborn	Zoey Watts	Nicole Bruneel	Maddie Eyolfson
Kerri Starr	Josh Cunningham	Randon Hall	Timothy Wong	Gage Dewsbury
Caleb Elliott	Thomas Roark	Sam Bruneel	Jackson Cunningham	
Brycen Grout	Brandon Palmatier	Andrew Liu	James Nguyen	Stuart Boyd

## Current Record Holders: 32 Swimmers and 184 Records!

Molly Elliott Hallie Hinchman Alex Gordon Anika Rubocki Megan Doherty Sammie Eyolfson Maggie Erwin Olivia Niederer Hunter Scott Randon Hall Timmy Wong Gabe Machado Josh Cunningham Thomas Roark Jordin Pridmore Gage Dewsbury Jackson Cunningham Taylor Anderson Abbey Erwin Brandon Palmatier Emily Bruneel Kerri Starr Allie Kilroy Maddie Eyolfson(Senior) Nicole Bruneel (Senior) Annie Taylor(Senior) Phoebe Turner (Senior) James Nguyen(Senior) Alex Trompke Kristian Almberg Tanner Schelling Kevin Fanter

## Other Records...Record for the shortest Record -

On the last day at Western Zones 10 year old Sammie Eyolfson swam the 100m Free, and broke the oldest Snake River record on the books, a record that had lasted 35 years...since 1977! The meet was using "chase starts", meaning the next heat started at the opposite end of the pool before Sammie had finished, and her teammate, Megan Doherty, was in the water and finished in a time 11 one-hundredths of a second faster. So, after waiting 35 years, Sammie was able to enjoy approximately 50 seconds of glory!

## AG Sections Qualifiers:

9-10 Molly Elliott Maggie Erwin Hallie Hinchman Anika Rubocki Randon Hall 11-12 Megan Doherty Sammie Eyolfson Hunter Scott Abbey Erwin (1<sup>st</sup> Place) Kristen Scheibe Sam Bruneel Caleb Elliott Thomas Roark (1<sup>st</sup> Place) Jackson Cunningham Jordin Pridmore 13-14 Taylor Anderson Brandon Palmatier Sebastian Chao Jay Van Buren

## Western Zone Participants:

9-10	13-14	15-16
Megan Doherty	Emily Bruneel	Kerri Starr
Sammie Eyolfson	-	James Nguyen (1 <sup>st</sup> Places)
		Alex Trompke (Relay 1 <sup>st</sup> Places)
		Tanner Schelling (Relay 1 <sup>st</sup> Places)
		Kristian Almberg (Relay 1 <sup>st</sup> Places)
		Kevin Fanter

## Senior Sections Participants:

Emily Bruneel

Nicole Bruneel

Maddie Eyolfson

Annie Taylor

## YMCA Nationals Participants:

Nicole Bruneel (All Amercian) Maddie Eyolfson (All American) Mia Goodwin Annie Taylor (All American) Phoebe Turner (All American) Kristian Almberg Kevin Fanter James Nguyen Tanner Schelling Alex Trompke (All American)

Junior Nationals: Maddie Eyolfson and James Nguyen

Senior Nationals: Maddie Eyolfson and Nicole Bruneel

## Boise Y Swim Team 2012 Hall of Fame Inductees

- Nha Bao Swim Team Member from 1995-2004; Jane Nelson Award recipient; Sue Shelton Award recipient three years; ranked in the Top 16 for five years; YMCA All-American 12 times; Idaho High School State Champion; Swim Team and Snake River records; graduate of Cal-Davis and presently is in Medical School at Creighton University.
- Joe Burquist Swim Team Member from 2000-2008; Sue Shelton four years; ranked in the Top 16 for six years; YMCA All-American two times; Idaho High School State Champion; Team and Snake River records; four year Conference finalist for Davidson College; Conference Champion in the 100 Fly.
- Erin Frizzell Swim Team Member from 1993-2005; Jane Nelson Award recipient; First Cooper Wilcomb Award recipient; Sue Shelton Award recipient three times; ranked in the Top 16 five years; YMCA All-American twice; Zone Champion in the 200 Back; Team and Snake River records; Team Captain; Varsity swimmer at Duke University and then UCLA, where she achieved the fastest Backstroke times ever for former Boise Y swimmers.

#### Anne Gigray Kinley

Swim Team Member from 1988-1990; ranked in the Top 16 for two years; four time YMCA All-American; has held Team and Snake River records for the past 22 years; varsity swimmer for Washington State University; successful swim coach for the Caldwell Swim Club for several years.

#### Danielle Knost Parke

Swim Team Member from 1996-2003; ranked in the Top 16 for seven years; YMCA All-American four times; Team and Snake River records; Idaho High School State Champion and record holder; Indian River CC (Florida) varsity swimmer and Junior College National Champion and six time All-American.

#### Katelyn Lofland

Swim Team Member from 2004-2006; Sue Shelton Award recipient for two years; ranked in the Top 16 for three years; Team and Snake River records; Varsity swimmer and record holder in the 1650 at Akron University; Varsity swimmer and record holder at Boise State University.

#### Jenny McAnaney

Swim Team Member from 2000-2004; Sue Shelton Award Recipient for two years; ranked in the Top 16 for three years; YMCA All-American; Team and Snake River records; Idaho High School State Champion; placed 2<sup>nd</sup> in the WAC Conference for the University of Idaho in the 100 Breaststroke. Sprint breaststroker.

#### Travis McCan

Swim Team Member from 1997-2007; Jane Nelson Award recipient; Sue Shelton Award recipient seven times; ranked in the Top 16 for seven years; Boise Y Team Captain three years; Snake River Junior and Senior Representative; Team and Snake River records; Idaho High School State Champion; four year varsity swimmer for West Virginia Wesleyan University.

- Mike Merkley Swim Team Member from 1996-2003; Sue Shelton Award recipient; ranked in the Top 16 for three years; YMCA All-American six times; Team and Snake River records; Idaho High School State finalist and HS team captain; Varsity swimmer for Illinois Institute of Technology; currently in Medical School at Washington University in St. Louis.
- Tyler Morgan Swim Team Member from 1996-2004; Jane Nelson Award Recipient; First Cooper Wilcomb Award recipient; Sue Shelton Award recipient four years; ranked in the top 16 for five years; YMCA All-American; Team Captain; Team and Snake River records; Idaho High School State Champion and record; Varsity swimmer for the University of Kentucky; finished college at USC and is presently doing brain research at UCLA.
- Chris Taylor Swim Team Member from 2003-2007; YMCA All-American three times; ranked in the Top 16 for three years; Team and Snake River records; Idaho High School State Champion; swam for the Boise Y as a student attending Boise State University.